

Saratoga Tri Club

Meeting Minutes

Jan. 6, 2010

Attendance: Jason Hart, Jennifer Russell, Randy Swift, Karen Swift, Allison, Kevin Young, Chris Obstarczyk, Ray Liuzzo, Matt McMorris

Jason called the meeting to order and welcomed everyone. Jennifer gave the treasurer's report.

The December meeting was a race clinic. Jason is collecting information from members about races they will be doing. He hopes to put this into a spreadsheet so that club members will know who is doing races and can share information and make plans to attend races and show club support. We will also email the club to gather race information.

Jason has placed an order for the STC hats. There are 2 delivery options available for shipping the hats. The first has a \$22 freight charge and delivery will be at the end of April. The second option includes the \$22 freight charge and an additional \$85 for expedited delivery at the end of March. Jennifer made a motion that we pay the extra \$85 and receive the hats at the end of March. Motion seconded by Randy; all in favor. Later in the meeting there was a discussion about what members get for their membership fee. The club dues have always included the clothing item that is ordered that year; so each member receives an item of clothing every year they renew their membership. This year we will be giving each member a hat. Jason suggested that in the future we give new members a clothing item the year they join, and provide discounted clothing items for current members. Kevin shared information about his tri club in St. Louis. New members who joined the club received a hat and a current member would sponsor the new member. For example, a new member would join the club because of a relationship with a current member or information they received from a current member. The current member would then "sponsor" the new member by paying a small embroidery fee. The year the new member joined would be embroidered on their hat. Karen will check with someone she knows who does embroidery work to see if this is a possibility. After continued discussion, Karen made a motion that we give a STC hat to all members this year, with hats (or clothing item) only given to new members in subsequent years. Matt seconded the motion, all in favor.

Discussed the responsibilities of officers/board members and adding this information to the constitution. A definition of the roles for these positions was drafted at the November meeting. Present officers and board members will revise the document and have it posted on the website.

The club constitution calls for election nominations in January, with elections in February. Karen will take charge of the election committee and email members about nominations. She will then present the nominations for elections in February. Nominations will take place via email and are due by January 31. The starting date for new positions is March 1<sup>st</sup>.

The club would like to hold more clinics. Possible suggestions include: nutrition, core training and information about avoiding/dealing with injuries. Jennifer will contact Rosann Carpenter; she had previously expressed a willingness to conduct a nutrition clinic for the club. Karen will speak with someone she knows about an abs/core clinic. Jason will talk to chiropractor Keith Donato about possibly speaking to the club. Tentative dates for the first clinic are Jan 31<sup>st</sup> and Feb 6<sup>th</sup>.

The next meeting will be February 22<sup>nd</sup>. This will be our election meeting.

The March meeting will be held on March 22 and will be a short meeting + clinic.

The April meeting is scheduled for April 19<sup>th</sup>.

Karen made a motion to adjourn, second by Jennifer; all in favor. Meeting adjourned.

Respectfully submitted, Jennifer Russell